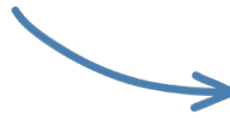


# First-Year Appointments

**2-3**  
days after  
discharge

Date/Time: \_\_\_\_\_

Doctor: \_\_\_\_\_



**2**  
weeks

Date/Time: \_\_\_\_\_

Doctor: \_\_\_\_\_

**1**  
month

Date/Time: \_\_\_\_\_

Doctor: \_\_\_\_\_

Vaccines given:

- Hepatitis B

**2, 4, 6**  
months

Date/Time: \_\_\_\_\_

Doctor: \_\_\_\_\_

Vaccines given:

- Pneumococcal conjugate
- DTaP-IPV/Hib
- Rotavirus

**9**  
months

Date/Time: \_\_\_\_\_

Doctor: \_\_\_\_\_

Vaccines given:

- Hepatitis B

**12**  
months

Date/Time: \_\_\_\_\_

Doctor: \_\_\_\_\_

Vaccines given:

- Varicella
- MMR - Measles, Mumps, and Rubella
- Hepatitis A #1

## What to Bring to the First Appointment

Drivers License

Insurance Card

Diaper Bag with essentials like  
diapers/wipes, pacifier and  
change of clothes

## Diapers

# of wet diapers  
in 24-hour period: \_\_\_\_\_

# of dirty diapers  
in 24-hour period: \_\_\_\_\_

What do the dirty diapers look  
like? (color, consistency)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Feeding

# of feedings in  
24-hour period: \_\_\_\_\_

## Formula-Feeding:

volume of bottle: \_\_\_\_\_

## Breastfeeding:

time on left side: \_\_\_\_\_

time on right side: \_\_\_\_\_